

**Lake County Mental Health Advisory Board**  
**Regular Meeting - Thursday, November 9, 2023 4:00pm – 5:00pm**

**Physical location of Board members during meeting:**

- Circle of Native Minds, 525 N. Main St, Lakeport, Ca

Members of the public may also attend via Zoom using the link or dial in information below.

**Zoom link for this meeting:**

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGlDNVcwa3h5NG9JYmg4QT09>

Meeting ID: 837 7314 1863

Passcode: 123456

Dial in by phone: +1 669 900 6833 US (San Jose)

Board meetings are open to the public and may be recorded for individual use only.

**Our Main Purpose:** “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

**Meeting Conduct Agreements**

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
  - Speak to the question or issue under discussion, and to the group, not to an individual
  - One person speaks at a time – avoid side bars and chatting or messaging during meetings
  - Keep comments short if possible – avoid monopolizing the discussion or making a speech
  - State what you think, not what others think
  - Allow the facilitator to 'direct speaking traffic'
  - Leave outside concerns outside – Silence cell phones, Limit background noise
- Person-First Language -
  - A person with a mental illness, not the “mentally ill”
  - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

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**Board Members**

- Julie Pennington (Colfax), LMFT, Chair
- Bonnie Blumenthal, LMFT
- Simone Tatman
- Stacey Bethel
- Kendra Wiegand
- Danny Wind (pending appointment)
- Vacant

**Lake County Behavioral Health**

- Elise Jones
- Megan Morgan

**Board of Supervisors**

- Michael Green
- Alt. Moke Simon

**Stakeholders**

- Betsy Cawn, Acting Recording Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
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**AGENDA**

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Adopt Agenda –
  - a. Consider input on changes to Agenda for November 9, 2023 regular meeting
4. Approve Prior Meeting Minutes -
  - a. Consider input on changes to Minutes from September 14, 2023 regular meeting.
  - b. \*Approve Minutes from September 14, 2023 regular meeting - **Action Item**
5. Lake County Behavioral Health Staff Report
  - a. Director of Behavioral Health Elise Jones
6. Public Comment on non-agenda items
  - a. \*Presentation and discussion with Pathfinders.
7. Membership
  - a. Ethics training – All members are up to date until April 2025.
  - b. Election - **Action Item**
    - i. Nominations

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1. Chair
2. Vice Chair
3. Secretary
- ii. Planning workgroup for 2024 schedule, proposed goals, and training updates for officers - **Action Item**
  1. Set workgroup date prior to December regular meeting
- c. Open positions remain on LCMHAB - Interested parties are invited to attend at least two regular meetings, and then submit an application for Board Appointment – by following the information found here: <https://www.lakecountycalifornia.gov/1184/Mental-Health-Board>
8. Policy, Procedure, and Template updates –
  - a. Next up: Data Notebook procedures coming soon
  - b. New Member Handbook Planning - TBD
9. Workgroup, Reports and Proposals
  - a. Board By-Laws Ad-hoc Committee workgroup – Completed
    - i. MHAB Bylaws Final Approved by County Council on 08-02-23,
    - ii. Final Revisions from County council, signed, ready for submission to BOS.
  - b. Annual Report
    - i. Presentation to BoS to be rescheduled, to include presentation of new Bylaws document, presentation date TBD.
  - c. Data Notebook 2023 ad-hoc
    - i. Ad-hoc committee report
    - ii. Requested completion by November 30, 2023
10. Reminders/Follow-up

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- a. CALBHBC Board Member Training (optional, strongly recommended) -

<https://www.calbhbc.org/training.html>

- b. Local Board Trainings for New Members, and for each officer role, date TBD.

11. Announcements & Upcoming Public Meetings

- a. Upcoming LCMHAB Activities

- i. Thursday, December 14th, 2023, 4pm - regular meeting of the LCMHAB – in person at Circle of Native Minds and online:

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4QT09>

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- b. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>

- ii. CBHPC (BH Planning Council)

[https://www.dhcs.ca.gov/services/MH/Pages/CBHPC\\_QuarterlyMeetings.aspx](https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx)

- iii. MHSOAC (MH Services & Accountability Commission)

<https://mhsoac.ca.gov/connect/commission-meetings/>

12. Adjournment

- a. Next LCMHAB Regular Meeting – December 14th, 2023, 4pm at Circle of Native Minds.

\*Additional documentation provided or to be presented (in Agenda package or at the meeting)