

Lake County Mental Health Advisory Board
Regular Meeting - Thursday, August 10, 2023 4:00pm – 5:00pm

Physical location of Board members during meeting:

- Circle of Native Minds, 525 N. Main St, Lakeport, Ca

Members of the public may also attend via Zoom using the link or dial in information below

Zoom link for this meeting:

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGlDNVcwa3h5NG9JYmg4QT09>

Meeting ID: 837 7314 1863

Passcode: 123456

Dial in by phone: +1 669 900 6833 US (San Jose)

Board meetings are open to the public and may be recorded for individual use only.

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

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Board Members

- Julie Pennington (Colfax), LMFT, Chair
- Bonnie Blumenthal, LMFT
- Simone Tatman
- Stacey Bethel
- Kendra Wiegand
- Vacant
- Vacant

Lake County Behavioral Health

- Elise Jones

Board of Supervisors

- Michael Green
- Alt. Moke Simon

Stakeholders

- Betsy Cawn, Acting Recording Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
- _____
- _____

AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Approve Agenda –
 - a. Consider input on changes to Agenda for August 10, 2023 regular meeting
4. Approve Minutes -
 - a. Consider input on changes to Minutes from July 13, 2023 regular meeting.
 - b. *Approve Minutes from July 13, 2023 regular meeting - **Action Item**
5. Lake County Behavioral Health Staff Report
 - a. Director of Behavioral Health Elise Jones
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. Membership
 - a. Ethics trainings needed for new members within 30 days
<https://www.fppc.ca.gov/learn/public-officials-and-employees-rules-/ethics-training.html>

Please make sure to select the “Local Officials Ethics Training Course”

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- b. Two open positions remain on LCMHAB - Interested parties are invited to attend at least two regular meetings, and then submit an application for Board Appointment – by following the information found here: <https://www.lakecountyca.gov/1184/Mental-Health-Board>

- 8. Policy, Procedure, and Template updates – None at this time

- 9. Workgroup, Reports and Proposals
 - a. Board By-Laws Ad-hoc Committee workgroup – Completed
 - i. *MHAB Bylaws Final Approved by County Council on 08-02-232023 approve Final Revisions from County council for submission to BOS. - **Action Item**

 - b. Annual Report
 - i. *See attached Annual Report for July 2021 – December 2022 - **Action Item** (pending at this time)

 - ii. Presentation to BoS to be rescheduled.

- 10. Reminders/Follow-up
 - a. CALBHBC Board Member Training (optional, strongly recommended) - <https://www.calbhbc.org/training.html>

 - b. Ethics trainings due: (send certificate of completion to Chair, required)
 - i. Bonnie Blumenthal (expired 6/28/23)
<https://www.fppc.ca.gov/learn/public-officials-and-employees-rules-/ethics-training.html>

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- 11. Announcements & Upcoming Public Meetings
 - a. Executive Committee Meeting – discontinued until further notice

 - b. Upcoming LCMHAB Activities

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- i. Thursday, September 14th, 2023, 4pm - regular meeting of the LCMHAB – in person at Circle of Native Minds and online:

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4>

[QT09](#)

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- c. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>

- ii. CBHPC (BH Planning Council)

https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx

- iii. MHSOAC (MH Services & Accountability Commission)

<https://mhsoac.ca.gov/connect/commission-meetings/>

12. Adjournment

- a. Next LCMHAB Regular Meeting – September 14th, 2023, 4pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)