

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, February 9, 2023 4:00pm – 5:00pm

In person location: Peer Centers at the following locations will be available for “in person” participation:

Big Oak Peer Center, 13300 E. Hwy 20, Suite O, Clearlake Oaks

The Harbor on Main, 150 S. Main Street, Lakeport

La Voz de la Esperanza Centro Latino, 14092 Lakeshore Drive, Clearlake

Circle of Native Minds, 525 N. Main St, Lakeport

Zoom Meeting:

<https://us02web.zoom.us/j/82138141109?pwd=UWJwQklzT1ZZYmxiYisxMININ3ZWQT09>

Meeting ID: 821 3814 1109 **Passcode:** 123456

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

Board Members

- Julie Colfax, LMFT, Chair
- Camille Cummins, Vice Chair
- Sheila Roseneau
- Bonnie Blumenthal
- Lee Zeledon, LMFT
- Vacant
- Vacant

Lake County Behavioral Health

- Todd Metcalf, LCBHS Director

Board of Supervisors

- Michael Green
- Alt. Moke Simon

Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters

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AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Approve Agenda –
 - a. *Discuss and approve Resolution authorizing remote teleconference meetings - **Action Item**
 - b. Consider input on changes to Agenda for February 9, 2023 regular meeting
4. Approve Minutes -
 - a. Consider input on changes to Minutes from November 11, 2022 regular meeting & Secretary's Report from December 8, 2022 regular meeting.
 - b. *Approve Minutes from November 11, 2022 regular meeting - **Action Item**
 - c. *Accept Secretary's Report from December 8, 2022 regular meeting - **Action Item**
5. Lake County Behavioral Health Staff Report
 - a. Board involvement in RFP process
 - b. Middletown Peer Center Closure
 - c. *MHSA 3-year-plan update & schedule
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. Consideration of complaint received from Sunrise Special Services Foundation
 - a. Complaint received Dec 20, 2022
 - b. Public comment and discussion
8. Membership
 - a. *Accept resignation from Michelle Young and Camille Cummins- **Action Item**
 - b. *Approve letters to departing members - **Action Item**
 - c. *Approve letters to notify Board of Supervisors of Vacancies - **Action Item**
 - d. *Accept Nomination of Lee Zeledon for Secretary (in-training) for 2023 - **Action Item**

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- e. Request for nominations for new Vice-Chair
- f. Interested parties invited to attend at least two regular meetings, and then submit an application for Board Appointment following the information provided here - <http://www.lakecountycalifornia.gov/Government/Boards/MHB.htm> see the link at the bottom of the webpage for a link to apply online.

9. Policy, Procedure, and Template updates

- a. *Review and Approve “LCMHB 2023 Annual task list and meeting calendar”
- b. *Review and Approve “LCMHAB 2023-2024 Goals and Objectives”
- c. Proposed new templates:
 - i. “LCMHAB Meeting Cancellation Notice template”
 - ii. “LCMHAB New applicant letter template”
 - iii. “LCMHAB Vacancies letter to BOS template
 - iv. “LCMHAB Letter of resignation template”
 - v. “LCMHAB Thank you letter template”
- d. Discussion of social media presence for increasing public participation in meetings and general notifications.
- e. Move to hybrid meetings in March 2023, more information about the requirements for MHAB members to attend meetings in person is available at:
 - i. <https://www.procopio.com/brown-act-changes-starting-january-1-2023/>
 - ii. In person location schedule to be determined and posted in the March 2023 regular meeting agenda

10. Workgroup, Reports and Proposals

- a. *Data notebook Ad-hoc Committee workgroup Final Report – 1/29/2023
 - i. Finished and Submitted 1/29/2023
- b. *Board By-Laws Ad-hoc Committee workgroup – Progress report from February 2023
 - i. Meeting was held– Monday, November 21st 5-7pm – Online

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- ii. Next meeting to be scheduled for review with LCBHS and County Counsel
- iii. *MHAB Bylaws Draft 2-5-2023 attached for first reading, review, and comment
- c. Annual Report workgroup – Progress report from November 2022
 - i. Meeting was held– Tuesday, November 22nd 5-7pm – Online
 - ii. Next meeting February 18, 2023 10:30am – Online

11. Reminders/Follow-up

- a. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>

12. Announcements & Upcoming Public Meetings

- a. Report from Executive Committee – Meeting dates for 2023 – See “2023 LCMHAB Annual task list and meeting calendar”
 - 1. As a standing committee the EC meetings are open to the public, as required by the Brown Act, and have a single item, standing agenda as follows.
 - a. Standing Agenda – Draft and approve Agenda for the Regular Meeting of the Lake County Mental Health Advisory Board for the following month
- b. Board Member Announcements
 - i. Hope, Music, Life Event proposal – Spring 2023
- c. Upcoming LCMHAB Activities
 - i. Bylaws revision workgroup – to be scheduled for review with LCBHS and County Counsel
 - ii. Annual Report workgroup meeting – February 18, 2023 10:30am – Online / Hybrid
 - iii. Saturday, February 25th, 2023, 10:30am, online meeting of the LCMHAB Executive Committee -
<https://us02web.zoom.us/j/82927540496?pwd=V1MwSVRZSUFpNHdhT0MxKzM4NiZYdz09>
 - iv. Thursday, March 9th, 2023, 4pm - regular meeting of the LCMHAB - In person location - to be determined

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<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4QT09>

- d. Links for Upcoming Community Activities of interest to members
 - i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
 - ii. CBHPC (BH Planning Council)
https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx
 - iii. MHSOAC (MH Services & Accountability Commission)
<https://mhsoac.ca.gov/connect/commission-meetings/>

13. Adjournment

- a. Next LCMHAB Regular Meeting – March 9th, 2023, 4pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)